

RAMA DAMA

5 TAGE YOGA-CHALLENGE

Ich bin ein QR-Code -
scanne mich!



TAG 1

Willkommens-Session
Rama Dama



TAG 2

Happy Hot Hips



TAG 3

Starke Mitte
trifft Lachenden Lotus



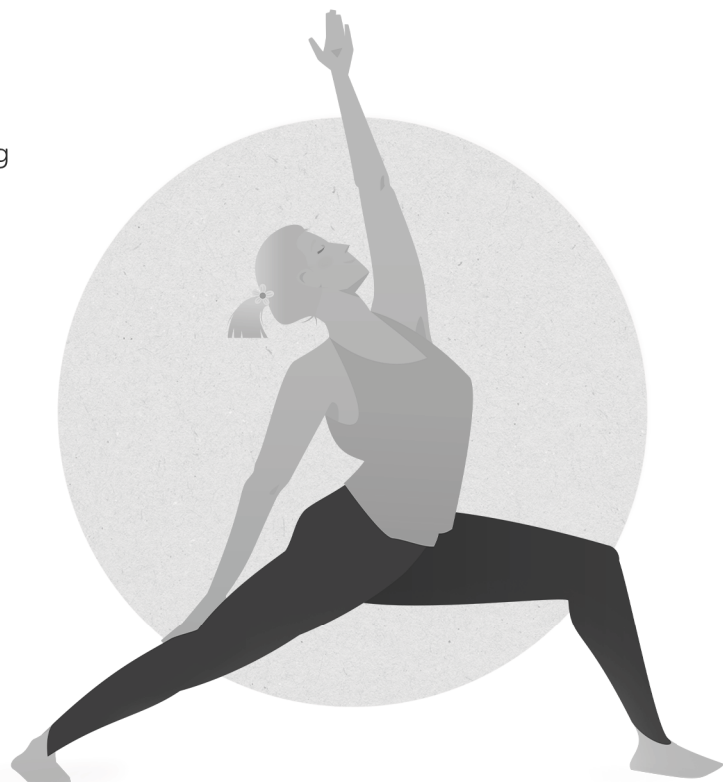
TAG 4

Flow Time:
Groove is in the Heart



TAG 5

Easy like Sunday-Morning
Yin & Yang



YOGAMOUR+